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FOR IMMEDIATE RELEASE:

**RECOGNIZING A KILLER:  
NEW MEDICAL GUIDE AIDS DIAGNOSIS OF CELIAC DISEASE**

Gluten Free Works, Inc. announces the highly anticipated release of "Recognizing Celiac Disease." This authoritative reference manual was created to increase the rate of successful medical diagnosis of celiac disease by improving recognition of more than 300 typical and atypical signs, symptoms, associated disorders and complications that directly or indirectly result from celiac disease.

The National Institutes of Health estimates celiac disease affects up to 1% of United States population, over 3 million people. Celiac disease is an autoimmune reaction to gluten, a protein found in wheat, barley, rye, and oats, that causes a variety of health conditions potentially affecting every system in the body. From autism to irritable bowel syndrome, acid reflux to depression, miscarriage to obesity, the manifestations vary depending on the individual.

Dr. David M. Cappuzzi, professor of medicine, biochemistry and molecular pharmacology at Jefferson Medical College refers to Recognizing Celiac Disease as a "carefully composed, comprehensive, and detailed work on the multifaceted aspects of this condition." He goes on to say, "this text consolidates updated pertinent information drawn from a myriad of research studies, case reports, and updates on new diagnostic and therapeutic approaches in patients with celiac disease in this growing field of medicine."

Dr. Kenneth Falchuk of Harvard Medical School endorses Recognizing Celiac Disease as a work that "delivers an overview of celiac disease with a concise picture of the pathogenesis, clinical manifestations,

diagnostic tools and treatment of celiac disease. Most of all it expands on the nutritional deficiencies and complications of this disease, emphasizing the dietary management of these patients.”

Mary Schluckebier, Executive Director of the Celiac Sprue Association USA states, “I found the user-friendly format for matching symptoms and related complications of celiac disease an especially valuable resource. This manual will serve as an excellent informational reference for our membership, as well as physicians, dietitians and other health care professionals.”

According to Alice Bast, Founder and Executive Director of the National Foundation for Celiac Awareness, “This well-researched reference manual answers the need for a quick way to access up-to-date information needed to identify individual symptoms.”

Gluten Free Works, Inc. is an internet-based company providing health information, gluten free foods, equipment and supplies that help people live a healthy gluten-free lifestyle. Gluten Free Works, Inc. was formed to help people get well, look good and stay healthy.™