

Chef Christina Dimacali on NBC's 10! Show November 24

Philadelphia, PA October 29, 2008 -- Local Celebrity Chef Christina Dimacali will make a return appearance on NBC's 10! Show on Monday November 24, 11am. She will feature a heart healthy cooking segment as part of her ongoing alliance with the American Heart Association's Go Red for Women campaign.

This Thanksgiving week appearance will feature an easy weeknight recipe using readily available ingredients. Christina's recipes are perfect for the busy working person. They are always posted on her business website for future use.

For additional information contact Christina Dimacali or visit www.CYPlate.com.

About Christina Dimacali:

Chef Christina Dimacali is owner of Clean Your Plate chef services and cooking instruction. Her services are for busy people who want to eat well! Christina's culinary point of view is to eat healthful and in moderation, but splurge once in a while. She has been a popular fixture of the Philadelphia cooking scene, including appearances on CN8, NBC, the Daily News and various radio and podcasts.

Contact:

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