



27th Annual Inglis Five

NOW A 5K!



5K RUN, WALK, ROLL!
Sunday, April 26, 2009, 9 AM

Memorial Hall (Please Touch Museum)
in Fairmount Park

Bring your family and friends to a fun-filled event benefiting the social, therapeutic and recreational programs of Inglis House, a Philadelphia residential facility for 297 adults with physical disabilities.

The Race is open to individuals of all ages—walkers, wheelchair athletes, handcyclers and amateur and professional runners. Participants will travel a 5K route through Fairmount Park's historic Centennial District.

Bring out your team! Develop a team-building event for employees, running partners, organization members, friends and family. Discounts are available for teams of 5 or more.

ENTRY FEES & REGISTRATION

INDIVIDUALS (Pre-Registration/Race Day)

(Pre-registration payment must be received by noon, April 23, 2009.)

Individual Adults: \$20 / \$25
Students (with ID): \$15 / \$20
Wheelchair Athletes: \$15 / \$20
Handcyclers: \$15 / \$20
Winners' Circle: Solicit \$100 or more in contributions and run for free!

TEAMS (\$3 discount off individual price!)

(Payment and complete team listing must be received by noon, April 23, 2009.)

\$17 per member for teams of 5 or more.

PRE-REGISTRATION FORM (Or register online at www.active.com!)

Return entries and fees to: Inglis Foundation, Attn: Inglis Five, 2600 Belmont Avenue, Philadelphia, PA 19131

Name: _____ Email address: _____

Address: _____ City / State / Zip: _____

Phone: _____ Age on Event Day: _____ Sex: _____

Category: Runner (\$20 adult/\$15 student) Walker (\$20 adult/\$15 student) Wheelchair Athlete/Handcycler (\$15)

Winners' Circle: (I raised \$100 or more for Inglis!) Amt. raised \$ _____ Team: (if applicable) _____

Payment: Check (Make payable to Inglis Foundation) Credit Card

VISA/ MC/ AMEX: _____ Expiration Date: _____ Signature: _____

Please review and sign the release form below. You MUST complete entire form or entry cannot be processed.

RELEASE FORM

In consideration of the acceptance of my entry, I for myself, my executors, administrators and assigns do hereby release and discharge Inglis Foundation and all its affiliates, the sponsors of this event, event officials, and all others including the municipalities along the course, from all claims, demands, whatsoever in any manner for injuries or damages I may sustain as a result of my participation in Inglis Five. I attest that I have full knowledge of the strenuous nature of this event, and that I am willing to assume all the risks involved.

Signature: _____

Date: _____

Parent or Guardian: (if participant is under 18 years of age) _____