



*****PRESS RELEASE*****

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Contact: Debbie Israel, APR
215/628/3640
disrael@profitcommunications.com

**GREG GAST, PROXUS PRINCIPAL NAMED
DELAWARE VALLEY HR CONSULTANT OF THE YEAR**

Fort Washington, PA, July 29, 2010 -- [Greg Gast, PROXUS Principal](#) was recently named **HR Consultant of the Year** by the Delaware Valley HR Person of the Year Award which is a joint effort between six regional Society of the Human Resource Management (SHRM) chapters. Their 10th Anniversary Gala was held at the Hyatt Regency at Penn's Landing and was attended by more than 300 people.

Greg is the first to win the HR Consultant of the Year Award, as it was a new category in 2010, and defined as a self-employed individual or an individual working or owner of their own HR consulting business with at least five years of experience. According to Gast, "There are many aspects about the Human Resources profession that I value. I like the ability to be involved in so many aspects of organizational life, but what I have particularly come to appreciate over the years is the opportunity to do great things for people everyday."

Judging for these awards was conducted by select HR professionals from the Delaware Valley. [The Delaware Valley HR Person of the Year Award](#) was developed to celebrate the Human Resources industry and to recognize those who exemplify outstanding achievement within the 5,000+ who make up the local HR community.

"We have the chance to do great things everyday. So as HR professionals, I encourage you and challenge you – do something great – everyday," adds Gast.

Gast is also President of the Fort Washington Business Alliance and a Board Member of the Institute for Management Consultants – Philadelphia Chapter.

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About PROXUS

PROXUS is located in Fort Washington and has 40 employees who are payroll, human resource and benefits professionals. They currently provide services to over 600 clients with a total of 30,000 employees. PROXUS serves companies with as few as five employees to 1,500 employees in nearly every state across the U.S., spanning a wide range of industries and markets, including retail operators, educational institutions, not-for-profit organizations, manufacturing facilities, professional service firms and health care organizations, just to name a few. Their main focus is to design custom payroll, HR and employee benefits services tailored to the individual needs of each client supported by personal service and technology. For more information about PROXUS call **215-654-9140**, and / or visit them online at www.proxushr.com.

*****PHOTO ATTACHED OF: GREG GAST – HR CONSULTANT OF THE YEAR**

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